

Module 1

Family Planning Counseling and Method Selection

Fem Health
Academy



THEORY



Prof. Khin May Htwe

Department of Obstetrics & Gynecology
University of Medicine (2)
Yangon

Topic:

**Principles of client-centered
family planning and informed choice**

NURSING MANAGEMENT



Daw Khin Thein

CEC, Myanmar Nurse and
Midwife Council
Former Professor and Head
Department of Maternal and Child Health Nursing
University of Nursing, Yangon

Topic:

- Counseling skills for contraception
- Addressing side effects, misconceptions,
and method switching



Streaming on

Z-Make Healthcare Professionals

App Store Google Play



Subscribe to
Fem Health Academy for
Nurses and Midwives

CPD point for each video

1 point after watching 70% and above